# CFEB ALL EMPLOYEE ANNOUNCEMENTS | 1/6/2023 PLEASE DISTRIBUTE WIDELY | http://www.colorado.feb.gov/

## HAPPY NEW YEAR 2023!

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#### **NATIONAL EVENTS & INFORMATION**

#### **OPM**

## Combined Federal Campaign (CFC) 2022 - New

January 14, 2023 is the final day to make a pledge

As 2023 begins, the 2022 Combined Federal Campaign (CFC) charitable giving drive comes to a close.

If you haven't made a pledge yet, you can start the new year off with a small contribution that will keep on giving all year long via payroll deduction. Consider this, if every federal employee in the Mountain States CFC zone gave as little as \$2.50 a pay period over 26 pay periods, and all military personnel gave \$5 a pay period over 12 pay periods, the Mountain States CFC would raise 12 MILLION DOLLARS. These contributions could help so many people rebuild following wildfires, feed the hungry, shelter the homeless, or fund many other much needed services.

The CFC is a program of the U.S. Office of Personnel Management (OPM) and has been a federal tradition for over sixty years.

You can participate by going to: <a href="https://mountainstatescfc.givecfc.org/">https://mountainstatescfc.givecfc.org/</a> to make a pledge. If you gave last year, your account is already set up to renew your previous pledge. Thank you for your consideration to be the *Face of Change*.

Position announcement | Deputy Associate Director, Federal Executive Boards, Various Locations ES 00 | 0340 | Opened 12/15/22 - 01/09/23 | https://www.usajobs.gov/job/694961300

Safer Federal Workforce: Updated Model Agency COVID-19 Safety Principles
<a href="https://www.saferfederalworkforce.gov/downloads/SFWTF\_model%25agency%25safety%25principles\_20220915.pdf">https://www.saferfederalworkforce.gov/downloads/SFWTF\_model%25agency%25safety%25principles\_20220915.pdf</a>

## **Call for Federal Agency Challenge Project Submissions**

Teams of Presidential Management Fellows Stand Ready to Develop Solutions to Your Agency's Challenges

We are excited to announce that the Presidential Management Fellows Leadership Development Program (PMF LDP) currently has an opportunity for federal agencies to work with a team of highly motivated Presidential Management Fellows committed to helping solve your agency's most complex challenges. The Challenge Projects will be developed and presented between January and March of 2023. Full details, dates, requirements, and background are provided below and attached.

Please note that the application deadline to submit challenge projects is Monday, January 9, 2023. All projects must be submitted at https://feedback.opm.gov/Community/se/076F44102BCAA9DD

Questions or comments- Contact <u>PMFLDP@opm.gov</u> Information on the PMF LDP | <u>https://www.pmf.gov/current-pmfs/training-and-development/leadership-development-program/</u>

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#### CFEB CALENDAR EVENTS & INFORMATION

#### FY 2023 ROCKY MOUNTAIN LEADERSHIP ACADEMIES

The Colorado Federal Executive Board is honored to offer the Rocky Mountain Leadership Academies for FY2023. Please consider registering for one of these career-altering programs.

## Rocky Mountain Executive Leadership Academy (RMELA)

January – September 2023 | In-person & Virtual Sessions | DFC CFEB Training Room, Bldg. 25, Rm 1442

Registration deadline | January 13, 2023 | Cost: \$6,000 per attendee https://www.eventbrite.com/e/rocky-mountain-executive-leadership-academy-2023-tickets-406530041297

The Rocky Mountain Executive Leadership Academy (RMELA) develops, strengthens, trains, and equips executive leaders to reach new heights of leadership effectiveness and productivity. In-depth focus is given to areas such as strategic planning, program service delivery, financial understanding, talent management, communication and influence skills, ethics, decision making and executive presence.

The RMELA puts leadership knowledge into action. It consists of four in-person three-day sessions along with 3 individual coaching sessions from January through September. Leadership development professionals offer interactive sessions while providing meaningful coaching, leading to effective project development planning for real-world leadership opportunities.

Who Should Attend RMELA: Federal/State/Local government, military and private sector executive/senior leaders interested in making a difference in their organization. RMELA participants have demonstrated leadership and have the potential to achieve even more. We are seeking motivated leaders from diverse professional backgrounds.

#### **2023 Dates:**

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Month 2 February 15, 2023 | Virtual half-day
Month 3 March 20-22, 2023 | In-Person
Month 4 April 20, 2023 | Virtual half-day
Month 5 May 15-17, 2023 | In-Person
Month 6 June 13, 2023 | Virtual half-day
Month 7 July 31-Aug 2, 2023 | In-Person
Graduation September 8, 2023 | In-Person
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## Rocky Mountain Senior Leadership Academy (RMSLA)

April – September 2023 | In-person & Virtual Sessions | DFC CFEB Training Room, Bldg. 25, Rm 1442 | Cost: \$5,000 per attendee

#### Registration deadline | April 7, 2023 | Cost: \$5,000 per attendee

https://www.eventbrite.com/e/rocky-mountain-senior-leadership-academy-2023-tickets-406534294017

Senior leaders are challenged with working smarter to balance the demands of organizational process, empowering staff, prioritizing the urgent and leveraging knowledge and technology to facilitate innovation to more effectively deal with modern issues. A deeper dive is taken in this program putting knowledge into action.

This program will work to aid participants in creating heightened self-awareness and leverage their natural strengths helping them find ways to address their developmental areas in a positive, productive way. In-depth focus is given to areas such as change management, teams and team development, conflict resolution, talent management, emotional intelligence and resiliency, communication and influence skills, critical thinking and decision making.

Ongoing coaching and the creation of an Individual Plan is offered to serve as a springboard for implementing new-found knowledge and action plans back on the job.

Who Should Attend RMSLA: Federal/State/Local government, military and Private sector newly appointed or recently promoted mid-level leaders who seek to enhance their overall effectiveness and performance. Existing mid-level leaders who want to sharpen their existing skillset.

#### 2023 Dates:

Month 1 April 17-19, 2023 | In-Person

Month 2 May 23, 2023 | Virtual half-day

Month 3 June 12-14, 2023 | In-Person

Month 4 July 18, 2023 | Virtual half-day

Month 5 August 14-16, 2023 | In-Person

Graduation September 8, 2023 | In-Person

## **Rocky Mountain New Supervisor Training Academy (RMSTA)**

April – September 2023 | In-person Sessions | DFC CFEB Training Room, Bldg. 25, Rm 1442 | Cost: \$2,995 per attendee

#### Registration deadline | April 7, 2023 | Cost: \$2,995 per attendee

https://www.eventbrite.com/e/new-supervisor-training-academy-2023-tickets-406549700097

This training will equip you with proven supervisory techniques that you can put into action immediately. You will learn to leverage both your hard skills and your people skills to meet your new challenges with increased confidence and respect. Discover new insights and practice techniques to communicate effectively, engage and motivate employees, overcome generation gap issues, hold collaborative meetings, resolve conflict, develop high performing teams and more. The various sessions provide an overview of today's dynamic work environment, issues affecting organizations, and ways that supervising leaders are responding. This program includes aiding participants in formulating an Individual Development Plan (IDP) along with a focused coaching session to serve as a roadmap for implementing program learnings.

Who Should Attend RMNSTA: Federal/State/Local government, military and Private sector newly promoted or recently promoted emerging leaders who seek to enhance their overall effectiveness and performance. Existing leaders at supervision levels who want to sharpen their existing skillset. This class is designed to give employees the necessary tools to become dynamic and effective leaders in their organizations.

#### **2023 Dates:**

Month 1 April 20-21, 2023 | In-Person Month 2 June 15-16, 2023 | In-Person Month 4 August 17-18, 2023 | In-Person Graduation September 8, 2023 | In-Person

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### CALENDAR EVENTS

## HOW TO CREATE A PSYCHOLOGICALLY SAFE WORKPLACE WHILE RETURNING TO WORK

January 26, 2023 | 8:00 - 11:30 am MST | CFEB Training Room, DFC, Bldg. 25, Rm 1442 | Free - Limited seating available

Registrations Required | https://colorado.feb.gov/register/?ee=609 | Walk-ins will not be allowed

The CFEB Development Series are being scheduled on a quarterly basis to provide federal employees with a safe place to discuss sensitive topics, get professional-level training and network with your peers in the Colorado area. This series is for any federal employee interested in training opportunities and networking with people from other federal agencies. The Series is designed to offer federal employees a chance to talk openly and to engage in discussions with other federal employees. This will be an inperson event only, so please register early as seating is limited. The session will be held on the Denver Federal Center. This development series is also a chance for us to learn what training/discussion topics you want to see at future events. Please bring your ideas.

In this interactive session, you will learn the foundational components to create a psychologically healthy workplace, including strategies to support employee mental health and build a culture of wellbeing. All of these aspects are essential to successfully return to a hybrid work environment and will provide a framework for various topics you will learn more about in future sessions throughout the year.

Training Facilitator Ron Blidar, Kaiser Permanente

CONTACT Fred Eidson | 303 359 9470 | fred.eidson@gsa.gov

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## FED PARTNERS: Resilience tune-up and Mental Health First Aid pearls for the New Year

January 27, 2023 | 9:00 – 10:30 am MST | Free - Virtual

As we kick-off a new year, please take a few moments for YOURSELF and join us. Lisa Dubois from HHS/Centers for Medicare and Medicaid Services will be covering some highlights of a course she teaches: Mental Health First Aid (www.mentalhealthfirstaid.org). She will also be sharing some key information on what Resiliency is and how to increase its positive effects.

Speaker: Lisa Dubois from HHS/Centers for Medicare and Medicaid Services

Contact Laurie Konsella | <u>Laurie.konsella@hhs.gov</u> for the link or call in (audio only) +1 206-420-5032,,60123451#

No registration is required but if you would like to be added to the Fed Partners distribution list, please send <u>Laurie.konsella@hhs.gov</u> your email address.

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## **BRAIN GYM – LEADERSHIP DEVELOPMENT & WELLNESS PROGRAM**

Open enrollment | Cost: \$99.00 for entire year

The Brain Gym - Leadership Development and Wellness Program. The Brain Gym is neuroscience-based leadership development and wellness program to help staff and leaders evolve and grow both in and outside of work. Every month attendees can expect to receive a "live" Neuroscience-based lecture complete with video replays, live group coaching with a ICF certified master level coach, science-based worksheets, and micro training in the form prerecorded brain hacks to keep you performing at your best throughout the month. Topics of discussion include, difficult communication, decision making, understanding mental health, giving and receiving feedback, habit change, high performing teams, collaboration, team building, the power of thought, stress mastery, neurodiversity, time management, your creative brain, the male/female brain and more.

Register | MichelleAnne.com/braingym99 or michelle@michelleanne.com

INSTRUCTOR Michelle Anne, Harvard-trained in Neuroscience & Leadership | 303-777-1117

#### ROCKY MOUNTAIN INTERAGENCY ENVIRONMENTAL JUSTICE WORKING GROUP

February 15, 2023 | 3:00 - 4:30 pm MST | Free

The Rocky Mountain Interagency Environmental Justice Working Group is actively recruiting new members. The Working Group is a space where federal employees who work on environmental justice issues in the Rocky Mountain region can improve their competencies, share successes and challenges, and build relationships. The working group meets every quarter and is guided by fiscal year objectives.

CONTACT Carolyn Bryan | bryan.carolyn@epa.gov

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#### GENERAL ANNOUNCEMENTS

#### **VETERANS CORNER**

#### Military Crisis Line / Veterans Crisis line

Service members, veterans, and their loved ones can also call the Military Crisis Line/Veterans Crisis Line at 988 (just call 988), press 1 or at 1-800-273-8255 and Press 1, chat at veteranscrisisline.net or text to 838255

#### **HIRE Vets Medallion Program**

See the list of companies across the US | https://www.hirevets.gov/awardees

### Free Lifetime Pass to National Parks, Other Public Lands

https://news.va.gov/110751/free-lifetime-pass-to-national-parks/?utm source=feature&utm medium=email&utm campaign=VetResources&utm id=16NOV2022

#### **Veterans & Vision Care Guide: Helpful resources for Veterans**

https://myvision.org/guides/veterans-vision-care/

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## **VAN POOLS | RIDE SHARE**

https://colorado.feb.gov/resources/van-pools/

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## **OPEN – The Denver Federal Center Wellness Center / Absolute Personal Fitness** (APF)

Building 75 (northwest corner of Center Ave. and 7th Street) | 303.236.6911 / text: 720.224.3126 / www.LakewoodPersonalFitness.com

Contact Phil Ray | phil@AbsolutePersonalFitness.net

## ADVANTAGE LEARNING CENTER PRESCHOOL OPEN ENROLLMENT

Open Enrollment dates - Now | 155 Van Gordon St Lakewood CO 80128 VA building Cost | Competitively priced, discount for children of Federal employees and military reservists

CONTACT Pat Mauro | 303-914-5482 | info@advantagelc.net | www.advantagelc.net

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#### **DENVER FEDERAL CENTER**

DFC Facebook link | https://www.facebook.com/DenverFederalCenter/

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#### **BLOOD DONORS NEEDED - DENVER FEDERAL CENTER VIRTUAL BLOOD DRIVE**

Denver Federal Center Virtual Blood Drive (Assn Code DEN2015) | Any Metro Donation Location

https://learn.vitalant.org/LP=148?drive code=DEN2015&division=MOUNTAIN%26%region=DEN

ONTACT Lori Freerksen | LFreerksen@Vitalant.org | www.Vitalant.org

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### **DEPARTMENT OF THE INTERIOR UNIVERSITY (DOIU)**

DOI University (DOIU) offers competency-based training courses and programs designed to increase the skills of all federal employees.

https://doiu.doi.gov/catalog.html?type=sp&id=lakewood | https://doiu.doi.gov/catalog.html?type=c

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#### **OPM - ONLINE COURSES**

OPM's Center for Leadership Development (CLD) is now offering courses on inclusive leadership and accessible design, as well as individual leadership and executive coaching.

View full course schedule | http://go.usa.gov/xE87z | www.leadership.opm.gov

CONTACT Cheronn Collins | Cheronn.Collins@opm.gov

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#### VIRTUAL TRAINING OPPORTUNITIES

USGS Virtual Trainings: <a href="https://www.usgs.gov/about/organization/science-support/human-capital/virtual-learning-opportunities">https://www.usgs.gov/about/organization/science-support/human-capital/virtual-learning-opportunities</a>

DOI Virtual Trainings: <a href="https://www.usgs.gov/about/organization/science-support/human-capital/learning-moments">https://www.usgs.gov/about/organization/science-support/human-capital/learning-moments</a>

CONTACT Nancy Gregory | ngregory@usgs.gov

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## **JOB ANNOUNCEMENTS - Updated**

USA Jobs Website | <a href="https://www.usajobs.gov/">https://www.usajobs.gov/</a> | See for job announcements links that Agencies want advertised

## **US EPA Region 8**

Region 8 Toxicology Section Supervisor | GS 14 | Denver, CO https://www.usajobs.gov/GetJob/ViewDetails/696750200

Region 8 Lab Manager | GS-14 | Denver, CO https://www.usajobs.gov/GetJob/ViewDetails/697855400

#### **Bureau of Land Management CO State Office**

HR Specialist (Recruitment) | GS-0201-12 | Lakewood, CO

DEU: https://www.usajobs.gov/job/697020900 | Merit: https://www.usajobs.gov/job/697022100

#### DoD Begins Hiring Suicide Prevention Workforce, to Reach 2,000 Personnel

The Pentagon has announced it began hiring a dedicated primary prevention workforce focused on community-based prevention, with a focus on preventing suicide, among other harmful behaviors. <a href="https://www.usajobs.gov">www.usajobs.gov</a>

#### Hire a Veteran

https://www.hirevets.gov/

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#### SUBMIT INFORMATION FOR ANNOUNCEMENTS

To submit information to be included in the announcements, please email by Wednesday of each week to <a href="mailto:jeff.conn@gsa.gov">jeff.conn@gsa.gov</a> in the following format.

Title

Date | Time

Location | 3333 W 32 Ave | Denver CO (no punctuation)

Cost (if applicable)

Brief Description (short marketing blurb | a couple of bullet points or sentences)

CONTACT Name | Phone number | email

If a job posting, please include the opening and closing date(s)

Website

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Fred Eidson | Executive Director | <a href="mailto:fred.eidson@gsa.gov">fred.eidson@gsa.gov</a>
Jeff Conn | Deputy | <a href="mailto:jeff.conn@gsa.gov">jeff.conn@gsa.gov</a>

Please email Jeff Conn at <a href="mailto:jeff.conn@gsa.gov">jeff.conn@gsa.gov</a> to subscribe or unsubscribe from CFEB email